We will discuss how immune system works and what is it made of. You will learn different ways of improving your immunity and avoiding the risk of infection. Then, we will move on to autoimmune diseases and vaccinations. At the end of the workshop, we will go through F.A.Q. connected with immunity.

In Loono, we show people that prevention matters. We are a team of medical students, young physicians and other professionals like nurses, paramedics and nutritionists. Together, we organize educational workshops at private companies, schools and festivals. The scope of our workshops range from cancer prevention (#boobsandballs), to cardiovascular diseases prevention (#yourheartforlife), sexual health (#allgoddowndthere) and mental health (#feelinggood). Loono is under the auspices of 1st LF UK and another 6 medical faculties in the Czech Republic. Our professional guarantors are doctors from fields of gynaecology, urology, cardiology, and general practice.