

STAGE

INTERN

A PROPOSAL FOR YOUR INTERNSHIP EXPERIENCE IN MALTA



WORK, LEARN, GROW, ENJOY

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DISCOVER MALTA



**"TRAVELLING - IT LEAVES YOU
SPEECHLESS, THEN TURNS YOU
INTO A STORYTELLER."**

IBN BATTUTA

Stage Malta's internship programmes provide excellent opportunities for professional growth and the chance to build lasting friendships whilst creating unforgettable experiences with like-minded individuals. Together, you will immerse yourself in the beauty of Malta's Mediterranean landscape and its intriguing history while soaking up 300 days of radiant sunshine.

WHY STAGE MALTA?



WHERE STRANGERS BECOME FRIENDS

An internship is an invaluable opportunity that not only provides practical experience but also serves as a stepping stone towards achieving professional success. It is a chance to apply theoretical knowledge in a real-world setting, acquiring new skills and refining existing ones. The importance of Stage Malta's internship programme lies in the fact that you will gain exposure in your field of interest, understand its dynamics, and establish meaningful connections within the industry.

You will develop a deep understanding of your strengths, weaknesses, and interests while working alongside seasoned professionals who have served as mentors and guides to numerous Stage Malta interns. Moreover, your internship in Malta will provide an avenue for personal growth and cultivate a sense of purpose as you get to embark on the exciting journey towards transforming your passion into a fulfilling career.



INTERNSHIP

INTERNSHIPS

Since 2005, Stage Malta has brought together: educators and leading employers. The aim is to provide students and recent graduates with valuable work-based learning opportunities and job experience.

SHORT-TERM MOBILITY

Our short-term, high-impact programmes equip students with the skills and experience necessary to launch meaningful careers in today's competitive, globally connected and rapidly evolving world. Stagiaires should not expect to have detailed tasks but rather, they should focus on the soft-skills they will accomplish in such a short period of time in a Mediterranean Country.

PRO-MOBILITY

Most career-ready graduates or students choose longer-term mobility because they are aware of the benefits of such programmes. The quality and learning outcomes of each and every participant are a testament to our character-building and horizon expanding educational experiences.

At Stage Malta, we take immense pride in ensuring that you have our unwavering assistance at every step: starting with online meetings before your arrival, providing invaluable cultural immersion advice upon arrival, offering consistent communication and coaching throughout the week, and continuing to provide support even after the programme concludes.



INTERNSHIPS

STAGE

STAGE MALTA PROVIDES INTERNSHIPS IN EVERY FIELD OF STUDY: A GREAT OPPORTUNITY TO TAKE EDUCATION BEYOND THE CLASSROOM.

Consider the internship possibilities listed here as just a glimpse into what Malta has to offer. All internships and their learning outcomes are designed specifically for candidates based on their studies, intentions, and goals.



WHO CAN APPLY?



Stage Malta's Internship Programmes are intended for students or graduates who at the time of application meet the following requirements:

- Able to communicate and correspond in English. Fluency in the English language is typically mandatory since it is the official language of Malta's business environment;
- Some internships may require having certain technical skills or qualifications relevant to the field of interest, such as IT proficiency or specific software knowledge;
- One must be resilient and open to a new culture and way of living;
- Possess a European passport, European residence permit or in the process of obtaining a Schengen Visa;
- Applicants must be enrolled in a recognized educational institution or have recently graduated from one. This ensures that candidates possess the necessary theoretical background and are committed to further developing their skills in a professional setting;
- Agree to inform Stage Malta of any medical conditions and allergies prior to the Work Placement interview. Able to provide relevant medical documentation should this be requested. This information will remain confidential and will not be deemed as a motive for discrimination.
- Agree to provide Stage Malta with a copy of a full travel insurance at least 1 week before travelling to Malta.

Internships are intended to help you foster a richer grasp of the labour market, gain insights into encountered obstacles, and discover effective solutions. Fulfilling these eligibility criteria guarantees that you can contribute with confidence to your host organisation and acquire valuable hands-on experience while in Malta.

Internships are not remunerated. The acquisition of the necessary visas, travel costs and arrangements are the responsibility of the interns or their sponsoring institutions.

STEP BY STEP

APPLICATION

Now that we have received your application, let us talk about your expectations, your choice of tasks, etc. Kindly confirm that you can attend the Interview as suggested in the email.

1

INTERVIEW

After the Interview we should be in a position to know exactly what you are looking for and we will be able to conclude your workplan with your future Supervisor at the workplace.

2

ACCEPTANCE NOTIFICATION

In a few days you will know if you have been accepted or not. We will send you a quote and would require a booking fee of 150 euro to secure your place in the programme. This will be refunded back to you at the end of your stay.

3

TRAINING/LEARNING AGREEMENT

Once we receive the Booking & Acceptance Notification, we will:

1. Fill in your Training or Learning Agreement or Convention.
2. Book your house and ensure that it is close to your work placement.

4

FLIGHTS

After our meeting with your Supervisor you will receive the Erasmus Confirmation and information on how to apply for a Bus Card. We ask you to send us your flight details 6 weeks prior to arrival and full payment 4 weeks prior to arrival.

5

PROGRAMME

3 weeks prior to arrival, a detailed programme is sent. It includes: Pick up from Malta International Airport, Accommodation address, password for free WIFI, Work Placement address, dates & time of various meetings.

6

PREPARATION

Expect to receive valuable insights regarding Malta: the code of conduct, necessary belongings, and suitable work attire (there is a disparity between dress codes in Malta and other European nations).

7

ARRIVAL

In Malta, you can trust that you will be well looked after. You will live together with other students, who, like you, are going through the same internship journey. This is a chance for exploring all that Malta has to offer whilst discovering more about yourself.

8

WHAT'S NEXT?

Now it is time to prepare for your **interview**. Set goals and how to accomplish them. Use the questions below to create your goals.

S	<p><u>SPECIFIC</u></p> <p>WHAT DO I WANT TO ACCOMPLISH?</p>	
M	<p><u>MEASURABLE</u></p> <p>HOW WILL I KNOW WHEN IT IS ACCOMPLISHED?</p>	
A	<p><u>ACHIEVABLE</u></p> <p>HOW CAN THE GOAL BE ACCOMPLISHED?</p>	
R	<p><u>RELEVANT</u></p> <p>DOES THIS RELATE TO YOUR STUDIES?</p>	
T	<p><u>TIME BOUND</u></p> <p>WHEN WOULD I LIKE TO START MY INTERNSHIP AND FOR HOW LONG?</p>	

ADMINISTRATION



Our fees are only payable once we have successfully found an internship position in Malta.

Application Fee: €0

Booking fee (refundable at the end of the internship) €150

Administration fee for programmes longer than 56 days: €0

Administration fee for programmes between 35-55 days: €280

Administration fee for programmes between 14-34 days: €450

Fee for placement only (no accommodation or transport): €600

Additional costs:

Transfers to and from the airport: €48

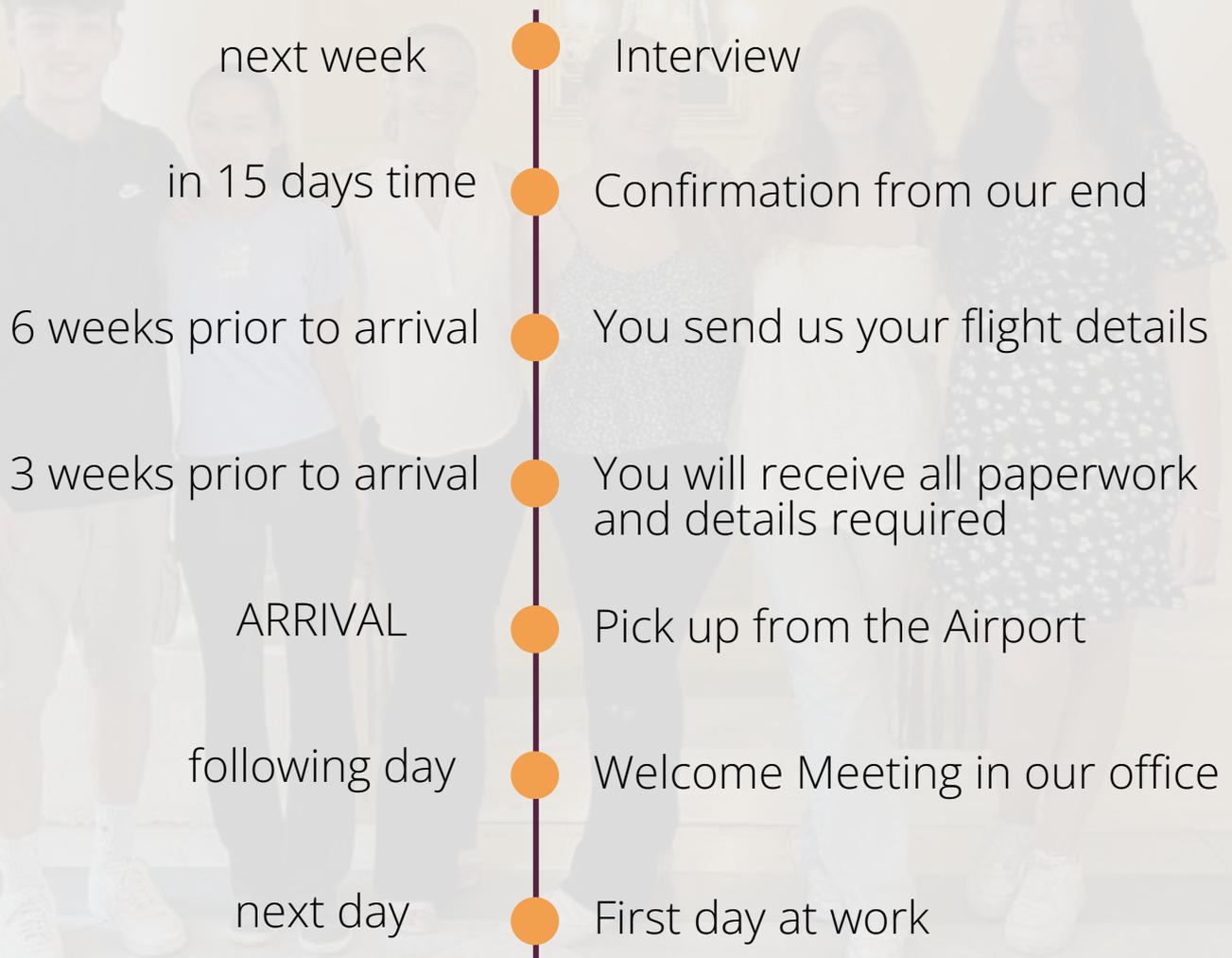
Taxes: 18%

Gozo Trip: (optional) €65

Mdina by night: (optional) €22

Wifi on premises: €0

TIMELINE



TESTIMONIAL

MY HANDS-ON TRAINING EXPERIENCE IN MALTA AND COMING HERE FOR AN INTERNSHIP WITHOUT HAVING EVER TRAVELLED FOR MORE THAN A WEEK, WAS INITIALLY INTIMIDATING. HOWEVER, I FOUND SOLACE IN THE UNWAVERING SUPPORT OF THE STAGE MALTA TEAM AND MY HOUSEMATES, LEADING TO A TRANSFORMATIONAL PERSONAL AND PROFESSIONAL GROWTH.

Emilie Legrand



HOUSING

Alcaldía

12A 915

ECONOMY

To enhance every participant's Mediterranean experience and ensure proximity to all necessary facilities, we have curated traditional houses situated in 10 key but remarkably safeguarded locations throughout Malta. Each house includes:

- a fully stocked kitchen comprising of a fridge-freezer, hob, oven, microwave along with all the necessary pots, pans, cutlery, plates, glasses, mugs and bowls;
- a dining area featuring a table and chairs is also provided with emphasis on using high-quality materials;
- bedrooms are simple yet comfortable, with 3-pin plugs for you to charge your electronic devices, simple storage space, mirror. (We do not provide bunk beds);
- mattresses are semi-orthopaedic and the bed linen provided is hypoallergenic and dry cleaned with non-toxic chemicals;
- upon arrival, you will be picked up at the airport and taken to your house and presented with a Welcome Pack, house key and a welcome token;
- Self-service coin-operated laundry services are available in each house;
- WI-FI, water, electricity and gas is included.

- You can book a private room or opt for a twin or shared room. It is important to communicate this during the interview;
- When choosing a single room, common areas are shared.
- All houses have outdoor space where you and your housemates can relax and discuss their day with their housemates;
- Throughout your duration at the house, you can rely on a team comprising of a plumber, electrician, handyman, and housing support staff for constant assistance and ensuring their well-being.

Persons in a room	x1	x2	x3	x4	x5
Euro/pp/daily	€42.90	€32.50	€24.90	€22.10	€18.20
Student Discount	-€9.90	-€7.50	-€5.70	-€5.10	-€4.20
Early Payment	-10%	-10%	-10%	-10%	-10%
Total	€33.00	€25.00	€19.00	€17.00	€14.00



SUPERIOR

Superior housing, when compared to economy housing, offers an elevated level of comfort and spaciousness without compromising on essential amenities.

- In addition to basic facilities like electricity, water supply, gas and sanitation services, superior housing goes above and beyond by offering enhanced features;
- Some bedrooms come with private bathrooms, making these rooms highly sought after and subject to a first-come, first-served policy and an extra charge;
- We have the ability to furnish a safety deposit box inside the room for a monthly fee of €25;
- We can also supply a mini fridge in your room at a cost of €50 euro per month;
- The presence of an air-conditioner in the bedrooms, operated by inserting coins into a meter, helps counteract Malta's extreme weather conditions during both hot summers and cold winters;
- Extra pillows and blankets available upon request;
- With more square footage available in each room, you can enjoy a sense of space that allows you to truly unwind and relax after a long day.

- Overall, opting for superior housing ensures an environment where you can relish independence, combined with peace of mind that you can rely on our round-the-clock emergency helpline support;
- All Superior Accommodation options are self-catering and conveniently located in the heart of Maltese towns and villages, where students get the opportunity to explore the weekly market where they can relish authentic local treats at unbeatable prices.

	Single	Twin	Triple
Euro/pp/daily	€72.93	€55.25	€41.99
Student Discount	-€9.90	-€7.50	-€5.70
Early Payment	-10%	-10%	-10%
Total	€63.03	€47.75	€32.29



VALLETTA

Valletta is more than just a Mediterranean capital city. It is a UNESCO World Heritage Site full of charming architectural and historical gems. Every step is a feast for the eyes and living there is a truly unique experience.

- We have managed to source a few prestigious properties that are exquisite, comfortable and not too expensive;
- The city's strategic central position ensures effortless exploration of the whole island. Moreover, a unified bus service connects Valletta to every corner of the island;
- Moving into a Valletta property to call home is a true adventure where modern living mixes with historic beauty;
- Hundreds of shops, restaurants, bars and cafes dot the tiny streets of the small charming city;
- Although a city, it is very safe and we will provide you with tips and discounts;
- Valletta is the home to numerous offices and museums.

- If you are considering opting for this accommodation choice, kindly notify us immediately so that we can secure a work placement in Valletta, thereby allowing them a convenient 10-minute walk from their housing to the workplace;
- Living in Valletta is a truly unique opportunity to discover this small but magnificent cosmopolitan peninsular city steeped in history where everything is within walking distance.

	Single	Twin
Euro/pp/daily	€189.50	€160.00
Student Discount	-€9.90	-€7.50
Early Payment	-10%	-10%
Total	€179.60	€152.50



TESTIMONIAL

LIVING WITH OTHER INTERNS WAS AN ABSOLUTE ROLLERCOASTER OF AN EXPERIENCE. FROM PARTIES THAT WENT ON UNTIL THE EARLY HOURS OF THE MORNING, TO THE CONSTANT MESS IN THE SHARED LIVING SPACES, IT WAS NEVER A DULL MOMENT. THE HOUSE WAS CONSTANTLY FILLED WITH PEOPLE, FRIENDS AND STRANGERS ALIKE. IT FELT LIKE THERE WAS ALWAYS SOMETHING HAPPENING - WHETHER IT WAS IMPROMPTU JAM SESSIONS OR POKER GAME TO SPONTANEOUS LATE-NIGHT COOKING SESSIONS IN OUR KITCHEN. AND LET'S NOT FORGET ABOUT THE INFAMOUS "HOUSE MEETINGS" WHERE WE ATTEMPTED TO DISCUSS BILLS AND RESPONSIBILITIES BUT OFTEN DEVOLVED INTO HEATED DEBATES AND LAUGHTER-FILLED TANGENTS. BUT AMIDST ALL THE CHAOS, LIVING IN THAT STUDENT HOUSE ALSO TAUGHT ME VALUABLE LESSONS ABOUT COMPROMISE, COMMUNICATION, AND EMBRACING DIFFERENT PERSONALITIES.

Nils Salomon



EVENTS



ACTIVITIES

Even though Stage Malta's central objective lies in the educational dimension of the trip, we welcome you to participate in any of the forthcoming activities.



JEEP SAFARI

DISCOVER THE REMOTE PLACES IN GOZO AND THE COMINO BEACHES IN OUR MONTHLY TOUR €65

VICTORIA LINES

TRACK ALONG A LONG WALL OF MILITARY FORTIFICATIONS CONSISTING OF SEVERAL WATCHTOWERS AND FORTRESSES €18



MDINA BY NIGHT

WALK AROUND THE BEAUTIFULLY LIT 'SILENT CITY, WHERE TIME STOOD STILL €22

VALLETTA GHOST TOUR

AS TWILIGHT DESCENDS UPON THE CAPITAL, WHISPERS OF LEGENDS, MURDERS, AND MYSTERIES FILL ITS STREETS €22



ARCHERY

TEST YOUR PRECISION, COORDINATION AND BALANCE WHILST SPENDING TIME WITH YOUR HOUSEMATES

EVENTS

Your time in Malta will come an end like a flash. Make it a point to make time to experience the cultural events in Malta



FESTAS

THE MALTESE LOVE TO CELEBRATE. EVERY WEEKEND YOU ARE IN FOR A TREAT OF LIVE MUSIC, MERRIMENT AND FIREWORKS

EARTH GARDEN

MALTA'S LARGEST ALTERNATIVE MUSIC FESTIVAL RENOWNED FOR BRINGING THE BIGGEST AND MOST TALENTED NON-MAINSTREAM ACTS TO THE ISLAND IN A CELEBRATION OF MUSIC, LIFE AND DIVERSITY



CARNIVAL

ONE OF THE OLDEST HISTORICAL FESTIVALS DATING BACK TO THE KNIGHTS. THE MOST POPULAR IS USUALLY HELD IN FEBRUARY, HOWEVER ANOTHER IS HELD IN SUMMER

ISLE OF MTV

EUROPE'S BIGGEST MUSIC FESTIVAL, FEATURING A LINEUP OF INTERNATIONALLY CELEBRATED ARTISTS SUCH AS LADY GAGA, SNOOP DOGG, DAVID GUETTA AND MARTIN GARRIX



FOOD, BEER & WINE FESTIVALS

HAPPENING PRACTICALLY EVERY WEEK



WE'VE GOT YOU COVERED

FEEL FREE TO CONTACT



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