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Marlene, UHD

What I particularly liked about the UHCC were the international interdisciplinary teamwork, the elaboration of a case study and the improvement of my own English skills. I enjoyed the time and the final competition and would recommend UHCC especially because of the development of ideas from different perspectives and expertise.

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Andreea-Maria, economics & sociology, UHD

The UHCC was a unique experience that gave me the opportunity to work alongside talented and like-minded people from a variety of countries, universities and disciplines. Not only did we learn to apply our knowledge and skills creatively to real life problems and situations, but we also had lots of fun and formed some really cool friendships. It was definitely challenging but it was also absolutely worth it.

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4EU+ Urban Health Case Challenge (UHCC)

Stories of the participants



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Oluwole, Doctoral School of Humanities - Linguistics, UW

The interdisciplinary mindsets of participants not only deepen my global mindedness but also put into right perspective my cultural intelligence skill(s). At UHCC, I understand more the values of teamwork and collaborative exercises in the achievement of collective goals.

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Hannah, law, UHD

The 4EU+ Urban healthcare challenge was an overall great and enriching experience combining different lectures regarding aspects of mental health in urban living. As a interdisciplinary and multicultural team we could create innovative solutions to mitigate mental health issues in urban spaces. It was a lot of fun and definitely helped me to think out of the box I would participate in a challenge like this again!

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Valentina, Management of Health Systems and Organisations, UNIMI

UHCC is an opportunity to better understand problems related to our everyday life, study them and see how they are treated in different cultures, it is also an opportunity to meet many people from all over the world, share their ideas and find a solution together. UHCC is about sharing, learning and empowering young people. Thank you for a great experience.



Jan, archeology, UW

UHCC for me was not only a great way to get knowledge on a whole spectrum of topics, but it was also an amazing opportunity to test my creativity and teamwork skills.



Valentine, antropology & psychology, UCPH

UHCC 2021 was a fun; challenging and intense couple of days, but it gave me an opportunity to put theoretical knowledge into practical use, and to work with an amazing team with students from all over Europe. The final ideas presented are important contributions to a global crisis on urban mental health. The case sheds light on global problems that we can try to solve, using interdisciplinary methods and approaches.



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