

LAMK

Lahden ammattikorkeakoulu
Lahti University of Applied Sciences

PROMOTING YOUTH WELLBEING - BEST EUROPEAN PRACTICES INTENSIVE WEEK

3. – 7.10.2016



WHAT IS OUR INTERNATIONAL INTENSIVE PROGRAMME ABOUT?

Our International Week is aimed for students and teachers interested in **PROMOTING YOUTH WELLBEING** with a holistic approach. Participating students can be from either a nursing, physiotherapy or social work background.

The main theme for 2016 IP is **“BEST EUROPEAN PRACTICES”**. The one-week study programme consists of workshops and lectures. The social programme offers the opportunity to experience Finnish autumn and culture with activities, such as sauna bathing and swimming in a lake.

CREDITS:

Completing the whole programme, preparatory work + presentation gives 2 ECTS. All participants are provided with a certificate of attendance.

EXPENSES:

Accommodation fee/student is 68 € in single, 80 € in double and 105€ in triple rooms at the Grand Hotel.

<http://www.avainhotellit.fi/grand/en/> Full breakfast buffet is included **in the room price**. Daily warm **lunches** will be offered to the students at a cheap student price 2,60€. Lahti UAS will offer a sauna-by-the-lake-evening with dinner for all participants. Traveling to and from Lahti will be arranged and covered by participants themselves. Incoming teachers are encouraged to use Erasmus/Nordplus grants for the Intensive Programme.

CALL FOR PROPOSALS

Incoming teachers are invited to suggest a lecture in the theme of **Youth Wellbeing – best European Practices** for the programme before 1.9.2016.

REGISTRATION before 15.6.2015 at:

https://www.lyyti.in/Promoting_Youth_Wellbeing_Best_European_Practices_IP_4551

Looking forward to meeting you in Lahti!

FOR MORE INFORMATION PLEASE CONTACT: johanna.tarvainen@lamk.fi

