

## Wellbeing for Youth Intensive Week 2016

3. – 7.10.2016, Lahti, Finland

### 1. Airport Transfers

There is a bus connection to Lahti from Helsinki-Vantaa Airport from early in the morning till late in the evening. Timetables can be checked from <https://www.matkahuolto.fi/en/timetables-and-prices/bus-timetables/>

Go to timetable search >

FROM	TO
Helsinki-Vantaa Airport Terminal 2 (Vantaa)	Lahti

Just follow the '**Express buses**' directions to bus platform number 23, a blue bus sign, right in front of the Terminal 2 on the ground floor. A ticket can be bought from the driver, it costs 9-10 €. The travel time is appr. one and a half hours.

### 2. Accommodation

Students: Hotel Grand, address: Hämeenkatu 4 <http://www.avainhotellit.fi/grand/en/>  
single room 68€/night with full breakfast buffet  
double room 80 €/night with full breakfast buffet  
triple room 105 €/night with full breakfast buffet

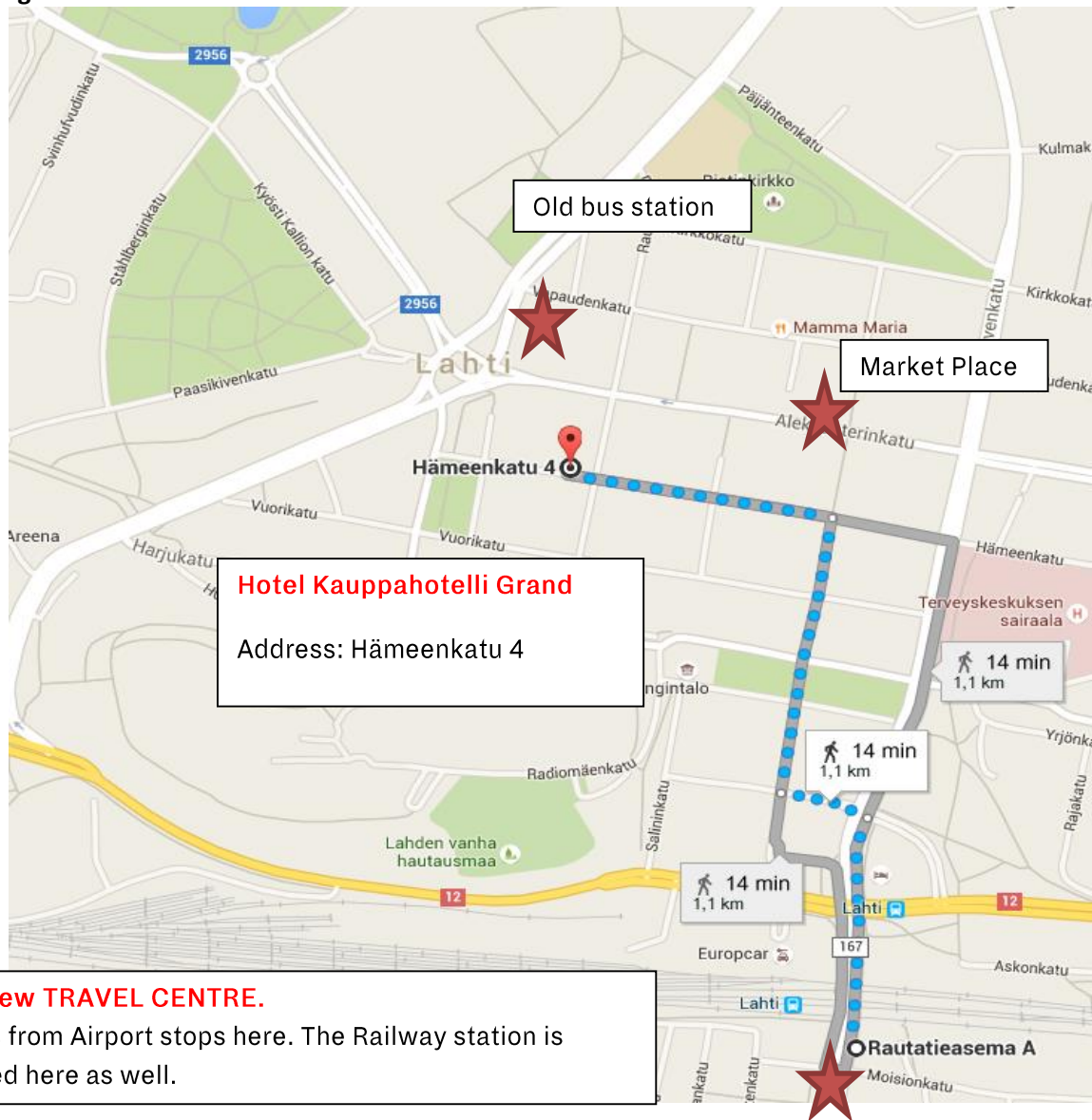
Reservations directly to: [grand@avainhotellit.fi](mailto:grand@avainhotellit.fi)  
Reservation code: Lahti UAS Intensive Week

Teachers: Either at the Grand Hotel or please check other accommodation possibilities in Lahti:  
<http://www.lahtiregion.fi/en/accommodation/hotels>

**LAHTI UAS ORGANIZATION TEAM WELCOMES YOU ALL TO FINLAND!**



**Getting to the Grand hotel from Lahti Travel Centre:**



**Hotel Kauppahotelli Grand**  
Address: Hämeenkatu 4

**The new TRAVEL CENTRE.**  
Buses from Airport stops here. The Railway station is located here as well.